

Appendix 1 Table of Case Study Characteristics

Author	Title	Client Group	Setting	Methods	Use of Boundaries
Austin, D.	Lifesongs: Music Therapy with Adolescents in Foster Care	Adolescent girls (from foster homes)	School	Pre-composed Rap	Clients allowed to bring in no matter how offensive, as long as they talk about it
Baker, F., Dingle G., and L. Gleadhill	“Must be the Ganja” (Eminem 2009): Using Rap Music in Music Therapy for Substance Use Disorders	Males and females aged 20-50 (although ‘adolescent behaviour’ is described)	Hospital: Substance abuse treatment group	Pre-composed Rap	Limited rules enforced when ‘Gangsta Rap’ was introduced into the session
Camilleri, V.A.	“Hear Me Sing”: Structured Group Songwriting with Inner City At-risk Children	10-11 year old boys	School	“Freestyle”/ Improvisation followed by songwriting	Set of rules developed including ‘no cussing’ and ‘no bad words’
Camilleri, V.A.	“Hear Me Sing”: Structured Group Songwriting with Inner City At-risk Children	10-11 year old boys	School	“Freestyle”/ Improvisation followed by songwriting	Every idea included no matter how offensive the language/ subject, only rule: ‘no put downs’
Cobbett, S.	Including the Excluded: Music Therapy with Adolescents with Social, Emotional and Behavioural Difficulties	15 year-old boy	SEBD School	Songwriting	All offensive material allowed
Compton-Dickinson, S.	Rapping Round the System: A Young Black Man’s Journey	Various ages (exact unknown)	High Secure Hospital	“Freestyle”/ Improvisation	Words not censored because they had

	through High Secure Hospital				feeling
Compton-Dickinson, S.	Rapping Round the System: A Young Black Man's Journey through High Secure Hospital	Adolescent Boy (18) with presentation similar to a young adolescent	High Secure Hospital	"Freestyle"/ Improvisation	Not addressed
Frisch-Hara, A.	Rap: Requisite, Ally, Protector and the Desperate Contemporary Adolescent	Adolescents	Various (not limited to one case study)	Not specified but "Freestyle"/ Improvisation referred to	Suggests therapist should tolerate all offensive material
Ierardi, F. and Jenkins, N.	Rap Composition and Improvisation in a Short-Term Juvenile Detention Facility	Adolescent boys (13-17) year olds	Short-Term Juvenile Detention Facility	"Freestyle"/ Improvisation	Therapist encouraged 'positive thinking', Rap contained expletives but therapist chose to support musical process instead of 'focussing on lyrics'
Ierardi, F. and Jenkins, N.	Rap Composition and Improvisation in a Short-Term Juvenile Detention Facility	Adolescent boy (17 year old)	Short-Term Juvenile Detention Facility	Songwriting and recording	Not addressed
Ierardi, F. and Jenkins, N.	Rap Composition and Improvisation in a Short-Term Juvenile Detention Facility	Adolescent boy (17 year girl)	Short-Term Juvenile Detention Facility	Songwriting and recording	Not addressed
Ierardi, Botts and O'Brien	Safe Expressions: A Community-based Creative	12 year old boys		Song-writing and performance	Not addressed

	Arts Therapy Program for At-risk Youth				
Lightstone, A.	Yo! Can ya Flow?: A Qualitative Study of Hip Hop Aesthetics and Original Rap Lyrics Created in Group Music Therapy in and Urban Youth Shelter	Youth aged 16-24	Urban youth shelter	“Freestyle”/ Improvisation	Author references difficulties of working with aesthetics of genre and offensive material
MacDonald, S. and Viega, M.	Hear Our Voices: A Music Therapy Songwriting Program and the Message of the Little Saints through the Medium of Rap	Children (9-12 years old)	After-school program	Songwriting and performance	Not addressed
McFerran, K.	Using songs with Groups of Teenagers: How Does it Work?	Adolescents	Workshop for adolescents whose parents had died from drug abuse	Listening to pre-composed Rap and Songwriting	Therapist did not limit/censor offensive material to allow freedom of expression
McFerran, K.	“Just so you Know, I Miss you so Bad”: The Expression of Life and Loss in the Rap Songs of Two Adolescents in Music Therapy	Adolescent Boy (15)	School	Songwriting and recording	Not addressed
McFerran, K.	“Just so you Know, I Miss you so Bad”: The Expression of Life and Loss in the Rap Songs of Two Adolescents in Music Therapy	Adolescent Boy (17)	School	Songwriting	Not addressed

McFerran, K.	Community Music Therapy in Adolescents, Music and Music Therapy, Methods and Techniques for Clinicians, Educators and Students	Adolescent boys	Program for young men with emotional and behavioural difficulties	Songwriting and performance	Not addressed although therapists encourages clients to 'reflect' as well as describe in their Gangsta Rap
O'Brien, E.	"Morphine Mamma": Creating Original Songs Using Rap with Women with Cancer	24-year-old woman	Hospital	Songwriting	Not addressed
O'Brien, E.	"Morphine Mamma": Creating Original Songs Using Rap with Women with Cancer	Women 38-60 years old	Hospital	Songwriting	Not addressed
Rio, R.E. and Tenney, K.S.	Music Therapy for Juvenile Offenders in Residential Treatment	Adolescent boy (16)	Residence for sex offenders	Songwriting	Client encouraged to modify language to reflect positive thinking and contain lyrics without expletives
Viega, M.	The Hero's Journey in Hip-Hop and its Applications in Music Therapy	Adolescent boy (15)	After School Program	Listening to pre-composed Rap	Not addressed