



JYVÄSKYLÄN YLIOPISTO
UNIVERSITY OF JYVÄSKYLÄ

MUSIC THERAPY PRACTICES WITH FAMILIES

1. I confirm that I am a qualified music therapist. *

Yes

No

2. I am willing to participate in this international survey of music therapy with families, and understand the purpose of the survey is for research. *

Yes

No

3. I authorize the team of the researchers (Kirsi Tuomi, Esa Ala-Ruona, Jaakko Erkkilä, Amelia Oldfield, Grace Thompson and Tali Gottfried) to use the survey data for the research purposes according to the ethical guidelines of the University of Jyväskylä, Finland, which includes preserving the anonymity of the participants and secure storage of data. *

Yes

No

4. What is your gender? *

Male

Female

Other

5. What is your age? *

20-29 years

30-39 years

- 40-49 years
- 50-59 years
- 60-69 years
- over 70 years

6. What is your highest level of education in music therapy? *

- Clinical training (pre-Bachelor level, i.e. through a private institution)
- Bachelor-level
- Masters-level
- Doctoral-level
- Further specialised training in music therapy (please describe and use full names for courses instead of acronyms)

7. In which country did you complete your first qualification in music therapy? *

- AfghanistanAlbaniaAlgeriaAndorraAngolaAntigua and BarbudaArgentinaArmeniaAustraliaAustriaAzerbaijanBahamas HerzegovinaBotswanaBrazilBruneiBulgariaBurkina FasoBurundiCabo VerdeCambodiaCameroonCanadaCentral Africa d'IvoireCroatiaCubaCyprusCzech RepublicDenmarkDjiboutiDominicaDominican RepublicEcuadorEgyptEl SalvadorEquatorial Swaziland)EthiopiaFijiFinlandFranceGabonGambiaGeorgiaGermanyGhanaGreeceGrenadaGuatemalaGuineaGuinea-BissauGuyanaHaitiHondurasHungaryIcelandIndiaIndonesiaIranIraqIrelandIsraelItalyJamaicaJapanJordanKazakhstan (FYROM)MadagascarMalawiMalaysiaMaldivesMaliMaltaMarshall IslandsMauritaniaMauritiusMexicoMicronesiaMoldova New ZealandNicaraguaNigerNigeriaNorth KoreaNorwayOmanPakistanPalauPalestinePanamaPapua New GuineaParaguayP GrenadinesSamoaSan MarinoSao Tome and PrincipeSaudi ArabiaSenegalSerbiaSeychellesSierra LeoneSingaporeSloveniaLankaSudanSurinameSwaziland (renamed to Eswatini)SwedenSwitzerlandSyriaTaiwanTajikistanTanzaniaThailandTimor-Leste (UAE)United Kingdom (UK)United States of America (USA)UruguayUzbekistanVanuatuVatican City (Holy See)Venezuela
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8. In what year did you start working as a music therapist? *

- 1971-1975
- 1976-1980
- 1981-1985
- 1986-1990
- 1991-1995

- 1996-2000
- 2001-2005
- 2006-2010
- 2011-2015
- 2016-2018

9. In which country are you currently practicing music therapy? *

- AfghanistanAlbaniaAlgeriaAndorraAngolaAntigua and BarbudaArgentinaArmeniaAustraliaAustriaAzerbaijanBahamas
 HerzegovinaBotswanaBrazilBruneiBulgariaBurkina FasoBurundiCabo VerdeCambodiaCameroonCanadaCentral Africa
 d'IvoireCroatiaCubaCyprusCzech RepublicDenmarkDjiboutiDominicaDominican RepublicEcuadorEgyptEl SalvadorEq
 Swaziland)EthiopiaFijiFinlandFranceGabonGambiaGeorgiaGermanyGhanaGreeceGrenadaGuatemalaGuineaGuinea-
 BissauGuyanaHaitiHondurasHungaryIcelandIndiaIndonesiaIranIraqIrelandIsraelItalyJamaicaJapanJordanKazakhstar
 (FYROM)MadagascarMalawiMalaysiaMaldivesMaliMaltaMarshall IslandsMauritaniaMauritiusMexicoMicronesiaMoldova
 ZealandNicaraguaNigerNigeriaNorth KoreaNorwayOmanPakistanPalauPalestinePanamaPapua New GuineaParaguayP
 GrenadinesSamoaSan MarinoSao Tome and PrincipeSaudi ArabiaSenegalSerbiaSeychellesSierra LeoneSingaporeSlo
 LankaSudanSurinameSwaziland (renamed to Eswatini)SwedenSwitzerlandSyriaTaiwanTajikistanTanzaniaThailandTin
 (UAE)United Kingdom (UK)United States of America (USA)UruguayUzbekistanVanuatuVatican City (Holy See)Venez

10. In what year did you start working with family members in your music therapy practice? *

- 1971-1975
- 1976-1980
- 1981-1985
- 1986-1990
- 1991-1995
- 1996-2000
- 2001-2005
- 2006-2010
- 2011-2015
- 2016-2018

11. With which clinical population do you work with families in music therapy? *

- Disability - preschool aged children (0-5 years)
- Disability - school aged children (6-17 years)

- Disability - adults
- Medical settings - neonatale
- Medical settings - paediatrics
- Medical settings - adults
- Mental health - children (0-12 years)
- Mental health - adolescents (13-17 years)
- Mental health - adults
- Rehabilitation - children and adolescents (0-17 years)
- Rehabilitation - adults
- Social care settings
- Dementia care
- Community based preventative programs
- Families at risk / Child protection
- Other, please describe

12. When working with families in music therapy, where do sessions take place? *

- Client's home
- Community setting (i.e. childcare, school, day-centre for adults)
- Public health care clinic
- Hospital / medical setting
- Private music therapy clinic
- Specialist multidisciplinary services clinic
- School - inclusive mainstream education
- School - segregated special education
- Other, please describe

13. Please describe your theoretical framework when working with families. *

- Behavioral
- Cognitive

- Developmental
- Humanistic
- Integrative
- Neurological
- Psychoanalytic
- Psychodynamic
- Resource oriented
- Systems / ecological oriented
- Other, please describe

14. What music therapy methods do you use when working with families in music therapy sessions?

*

- Improvisation with instruments
- Improvisation with voice
- Music and Movement
- Music listening
- Singing pre-composed songs
- Song writing
- Structured activities with musical instruments
- Guided Imagery and Music
- Other, please describe

15. What non-music based therapy techniques do you use when working with families in music therapy sessions? *

- Art-based methods (e.g. drawing, painting, clay-work)
- Consultation and discussion
- Drama and role play
- Playing games with rules
- Imaginative play with toys
- Creative writing activities

Other, please describe

16. There are various models for working with families in music therapy. Which of the following models best describe your work?

- Family members are active participants in music therapy sessions with the child / adult client.
- Family members are present but not active in music therapy sessions of the client.
- Family members observe the music therapy of the client behind a one-way mirror.
- Family members participate in separate / additional counseling sessions provided by the same music therapist who treats the client, parallel to the music therapy process of the client.
- Family members participate in separate / additional group counseling sessions provided by the same music therapist who treats the client, parallel to the music therapy process of the client.
- Other, please describe.

17. If the family members are present in music therapy sessions, who typically attends with the child/adult client? *

- Parent / -s
- Sibling / -s
- Grandparent / -s
- Partner / spouse
- Other extended family members
- Not relevant to my work

18. If family members participate in separate / additional counselling sessions, how frequently do these sessions occur? *

- More frequently than sessions with the child / adult client
- The same frequency as sessions with the client
- Less frequently than sessions with the client
- Other, please describe
- No relevant to my work

19. If family members participate in counseling sessions, which techniques / methods do you use

with them? *

- Discussion and consultation
- Improvisation with instruments
- Improvisation with voice
- Music listening
- Singing pre-composed songs
- Song writing
- Video feedback
- Other, please describe
- Not relevant to my work

20. In general, how would you describe your role as a music therapist working with families?

21. To your knowledge, do any specialist music therapy training courses in working with families exist in your country?

- Yes, please briefly describe
- No

22. What would you like to see included in music therapy training programs and updating education to help students and music therapy clinicians develop their skills in working with families? Please describe.
