

Appendix

Wards Participants' worked on
Diabetic outpatients
Office-based
Obstetrics and Gynaecology
Pain management
Main theatres and recovery
Renal Unit
Eye department
Multiple wards
Children's General Surgery
Eye clinic
Respiratory Medicine
Outpatient services
Neurology
Stroke ward
Coronary care unit

Survey: The Perception of Music Intervention in Hospitals within the Health Profession

Words in italics are placed there for the purposes of the reader only and were not shown to the participant. Words in quotations were added by the interviewer to increase clarity.

Questionnaire Introduction: Welcome to this study on the Perception of Music in Hospitals within the Health Profession. Thank you for agreeing to take part in this survey, which will be used as part of my dissertation for the final year of my music degree. It should take approximately 10-12 minutes to complete.

If you should have any enquiries please contact Naomi Chadder at nemc500@york.ac.uk

Interview Introduction: "Welcome to this study on the Perception of Music in Hospitals within the Health Profession. Thank you for agreeing to take part in this interview which will be used as part of my dissertation for the final year of my music degree. It should take approximately 20 minutes to complete. Before we begin please could you carefully read the participant information sheet and informed consent form, and sign if you agree to the terms and conditions of the study."

Chadder, Naomi (2019). An Exploration into the Perception of Music Interventions in Hospitals amongst Healthcare Professionals. *Voices: A World Forum for Music Therapy* 19(1), 2019. doi: 10.15845/voices.v19i1.2711

Informed Consent

Purpose of the study: To explore the perceptions of music interventions, performances and therapy in hospitals within the Health care profession.

Procedure: You will be asked to complete a 10 minute online survey asking about your experiences and perceptions of music within hospitals.

Participation: There are no risks to the participant in this study. Participation is entirely voluntary; you may withdraw at any stage for any reason throughout this process, and your data will be excluded from the rest of the results.

Confidentiality: All data collected from the participant in this study will be fully anonymous. All data will be securely stored in an electronic copy and all participant identifying data will be destroyed once the study has been submitted for assessment. We will not collect names or contact data.

Do you agree to the terms and conditions of this study and understand the above?

- Yes
- No

If No Is Selected, Then Skip to End of Survey

“Unless stated otherwise the questions will be multiple choice and I will read out the options to you. There will be some questions where you will be free to answer as you which. I will start with some general questions.”

General Questions:

Q1 What ward do you currently work on?

Q2 What position on the ward do you hold?

Q3 How long have you been working in your current post?

Q4 Have you worked in more than one hospital?

- Yes
- No

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Q5 Can you play a musical instrument?

- Yes
- No

If No Is Selected, Then Skip to Q7

Q6 Do you still play?

- Yes
- No

Q7 On average, how many hours per week do you spend listening to music?

How much live music is existing?

Q8 From your experience, do you believe it is common to have interactive musical activities in hospitals in general? ('Interactive musical activities' refers to an intervention where the patient plays music)

Please indicate on the scale below, with 1 being not common at all, and 5 being very common

- 1
- 2
- 3
- 4
- 5

Q9 From your experience, do you believe it is common to have live musical performances in hospitals in general? ('Live musical performances' refers to an intervention where the patient observes musicians play)

Please indicate on the scale below, with 1 being not common at all, and 5 being very common

- 1
- 2
- 3
- 4
- 5

Q10 Have you observed any of the two music interventions mentioned in the questions above taking place on a ward?

- Yes
- Maybe
- No

If No Is Selected, Then Skip to Q15

Q11 How often do live interactive music sessions (where the patient plays) take place on your ward? Please only indicate one.

- At least once a day
- At least once a week
- At least once a month
- At least once a year
- Never
- Other (please specify) _____

If Never Is Selected, Then Skip to Q13

Q12 Would you say that any of the effects below were immediately evident as a result of interactive music sessions (where the patient plays)? You can choose more than one.

"I will read each option individually and if you could answer yes or no to each."

- Patient relaxed
- Patient increased cooperation
- Patient smiled
- Patient moved
- Patient played an instrument
- Patient sang
- Other (please specify in the box below) _____
- None
- Do not know

Q13 How often do live music performances (where the patient observes musicians playing) take place on your ward? Please only indicate one.

- At least once a day
- At least once a week
- At least once a month
- At least once a year
- Never
- Other (please specify) _____

Q14 Would you say that any of the effects below were immediately evident as a result of live music performances (where the patient observes musicians playing)? You can choose more than one.

"I will read each option individually and if you could answer yes or no to each."

- Patient relaxed
- Patient increased cooperation
- Patient smiled
- Patient moved
- Patient played an instrument
- Patient sang
- Other (please specify in the box below) _____
- None
- Do not know

Q15 Have you ever considered music therapy as a treatment to help a patient?

- Yes
- No

If No Is Selected, Then Skip to Q17

Q16 Please outline in a couple of sentences a situation in which you might recommend music therapy to a patient.

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Knowledge about music therapy:

Q17 Do you have any existing knowledge of music therapy?

- Yes
- A little
- No

If No Is Selected, Then Skip to Q20

Q18 Please indicate which statements below best describe how music therapists work. You can choose more than one.

“(As before) I will read each option individually and if you could answer yes or no to each.”

- Music therapy only works with groups
- Music Therapists only work one-to-one
- Music therapists work both on an individual and group basis
- Music Therapy focuses on psychological well being
- Music therapy can help both the psychological and physiological well-being of the patient
- Other (please specify in the box below) _____
- Do not know

Q19 Which statement below would best describe your view of music therapy? Please only choose one.

- Have experienced music therapy and found it effective
- Have experienced music therapy and found it ineffective
- Have not experienced it but think it would be effective
- Have not experienced it but do not think it would be effective
- Never considered it

Predicted effectiveness:

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Q20 Do you think the effects of interactive music making (where the patient plays) can last beyond the session, and accumulate across multiple sessions?

- Yes
- Maybe
- No

Q21 Please explain your answer in a few sentences.

Q22 Do you think the use of interactive music sessions (where the patient plays) can affect the patient's recovery?

- Definitely yes
- Probably yes
- Might or might not
- Probably not
- Definitely not

Q23 Please explain why or why not you believe interactive music sessions have this effect.

Q24 Will listening to recorded music be as effective for the patient as interacting through live music?

- Definitely yes
- Probably yes
- Might or might not
- Probably not
- Definitely not
- Depending on the circumstances (please outline in the box below) _____
- Do not know

Q25 Please explain why you believe this to be the case in the box below.

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Future Implications:

Q26 Would you welcome more live music on the ward?

- Definitely yes
- Probably yes
- Might or might not
- Probably not
- Definitely not
- Only if it did not intrude upon the ward regime

Q27 In what ways do you think it would be practical to introduce live music onto the ward? You can choose more than one.

"I will read each option individually and if you could answer yes or no to each"

- While the patient was undergoing a minor procedure
- Alongside local or general anesthetics
- Before a medical procedure takes place
- After a medical procedure takes place
- During the patient's recovery
- In the hospital school
- In the waiting room
- Having a music outlet individual to each persons bed
- During child birth
- Other (please Specify) _____
- Do not know

Q28 Occupational, Speech and Play therapists are now common in hospitals, do you think a Music therapist has a place in this team?

- Strongly agree
- Agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Disagree
- Strongly disagree
- Do not know

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Q29 Would you be interested in learning more about music interventions in hospitals?

- Yes
- Maybe
- No

If No Is Selected, Then Skip to Q31

Q30 How do you think this information could be most usefully presented? Please only choose one.

- A presentation
- Watching a session in progress
- Training as paid CPD (Continuing Professional Development)
- Training in your own time
- Other (please specify) _____

Q31 Do you think a seminar on the effects of music during your training would have been of benefit?

- Definitely yes
- Probably yes
- Might or might not
- Probably not
- Definitely not

Q32 Please outline your reasons for your answer to the above question.

Q33 In what way do you think your hospital could raise money to appoint a music therapist or musician? Please only choose one.

- Within the current budget
- Through a charity/organisation
- Through the hospital trust
- Through the hospital friends group
- Other (please specify) _____
- Do not know

“This concludes our interview. Thank you for kindly offering you time to be interviewed today. If you have any queries please do not hesitate to email me at nemc500@york.ac.uk.”

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Q34 Would you be prepared to be involved in a 20 minute interview about your views on music in hospitals?

- Yes
- No

If No Is Selected, Then Skip to End of Survey

Q35 Thank you for offering to be interviewed. Please email me at nemc500@york.ac.uk to arrange an interview time.

Survey: Follow-up Interview

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Q1 Some participants had considered recommending music therapy to a patient. If you were to do this, what process is there in place that would help the patient attain sessions with a therapist?

(You source; hospital source; patient source)

Q2 Would music therapy be on a recommendation only basis, leaving it up to the patient to decide whether to have it? Do you think the patient should have an element of choice as to whether they undergo music therapy?

Q3 Many people who responded to the questionnaire said that they did not know a lot about music interventions, including therapy, and the evidence for and against its use. Do you think that increased knowledge of music interventions would change people's perceptions? How?

(Healthcare Professionals would know in what case to suggest music interventions to a patient; be more likely to recommend; not alter)

Q4 How could music therapists collaborate more with healthcare professionals to heighten the effectiveness of the therapy? Do you think more conversations would alter the way either of them work?

(Specific wards; times of the day; stage of illness/recovery; individual/group)

Q5 Generally participants responded positively to having a music therapist on the therapy team. Why do you think there is not one already?

(Time; money; Healthcare Professional's opinions; patients do not want it/know enough; research)