Appendix to Gardstrom, Lowe, & Schlabig. (2015). Eating disorder diagnoses and treatments: An educational symposium. *Voices: A World Forum for Music Therapy 15*(1). doi: <u>10.15845/voices.v1i1.775</u>

Appendix

Survey: Eating Disorder Diagnoses and Therapies: An Educational Symposium

The purpose of this survey is to collect information about the impact of a one-day educational symposium on knowledge and attitudes toward eating disorders and their treatments. The data obtained through this survey may be published as a way to inform professionals and students in health and mental health care fields.

By completing this survey, you are giving consent to be a participant in this study. Your responses will be anonymous, and you may decide to decline participation in this study at any time. Please do not write your name or other personal identification information on this survey. If you have any questions about this survey, please contact either Meredith Schlabig (schlabigm1@udayton.edu) or Hannah Lowe (loweh1@udayton.edu).

Pre-Symposium: Please fill out this side of the survey **before** attending presentations.

1) How much do you currently know about the diagnostic/general information about eating
disorders?

1	2	3	4	5		
nothin	g	a	great deal			
2) How much do you currently know about eating disorders treatments/therapies?						
1	2	3	4	5		
nothing a great deal						
Please rate your present attitude towards individuals with eating disorders.						
3)	1	2	3	4	5	
(Judgmental)					(Nonjudgmental)	
4)	1	2	3	4	5	
(Concerned)					(Apathetic)	
5)	1	2	3	4	5	
(Sympathetic)				(Unsy	/mpathetic)	

If you do not relate to any of the attitudes listed above, please indicate your attitudes towards eating disorders:

Additional comments regarding your current knowledge and attitudes toward eating disorders:

Post-Symposium: Please fill out this side of the survey **after** attending presentations. Indicate which presentations you attended.

- Introduction to the Symposium
 Eating Disorders: A Psychologist's Perspective
 Finding the Order in Disordered Eating
- □ Music Therapy: Clinical Applications and Research in Eating Disorder Treatment
- DBT in Action: Integrating DBT Skills Training and Art Therapy in the Treatment of Individuals with Eating Disorders

1) How much do you currently know about the diagnostic/general information about eating disorders?

1	2	3	4	5
nothing				a great deal

2) How much do you currently know about eating disorders treatments/therapies?

1 2 3 4 5

nothing

Please rate your present attitude towards individuals with eating disorders.

3) 1 2 3 4 5

a great deal

Appendix to Gardstrom, Lowe, & Schlabig. (2015). Eating disorder diagnoses and treatments: An educational symposium. *Voices: A World Forum for Music Therapy 15*(1). doi: <u>10.15845/voices.v1i1.775</u>

	(Judgmental)				(Nonjudgmental)
4)	1	2	3	4	5
	(Concerned)				(Apathetic)
5)	1	2	3	4	5
	(Sympathetic)			(Unsyr	npathetic)

If you do not relate to any of the attitudes listed above, please indicate your attitudes towards eating disorders:

Additional comments regarding your current knowledge and attitudes toward eating disorders: