

Appendix B – Brief Script

Before:

We are conducting a brief survey to learn more about your impressions of whether music therapy affects the way you feel and, if so, how. We are asking you to complete the survey twice – once before the session and once after the session. You do not have to complete this survey; it is entirely up to you. You will not be denied services at Nova Behavioral Health or penalized in any way if you choose not to complete the survey.

I will circulate the survey now. If you choose to complete it, please enter a personal code in the space provided at the top right. This code is made up of the first two letters of your last name, a dash, and the last two numerals of the year in which you were born. For instance, if your last name is “Smith” and you were born in 1958, your code would be “SM dash 58.” The purpose of the code is to protect your privacy as we gather information from the surveys. Please do not put your first or last names or any other identifiers on the survey.

Take a moment to “get in touch” with how you feel inside and then respond to the item on the survey. There are no right or wrong answers; just respond as honestly as you can.

When you have finished, you may set the survey aside until the end of the session. Thank you.

After:

Now that the session is over, those of you who completed the survey at the start of the session may complete the survey again. Again, you do not have to complete this survey; it is entirely up to you.

You do not need to re-enter your personal code; simply turn the paper over and respond to the item according to your present feelings. Thank you.

(Researcher collects surveys.)